

3 STEPS TO GARDEN SUCCESS

WORKSHEET



STEP 1: START WITH WHY

I want to garden because _____

Why does this matter to you?

Why?

Why?

Why?

Can you go even deeper?

Why?

Why?

STEP 2: SET YOUR #1 GOAL

Use the back of this page to list your ideas for the season ahead. Narrow the list down to 3-5 goals by circling the keepers, crossing out extras, or combining items on your list. Decide on your top priority and write it below as a SMART (specific, measurable, attainable, relevant, and time-bound) goal.

STEP 3: CHOOSE YOUR NEXT ACTION

What small step could you take this week to move toward your goal? Take action and repeat!

TIP: Schedule time in your calendar for this task or add it to your to do list for this week.

Visit gardensthatmatter.com for classes and videos to help you grow this season.