

Five Simple Steps to **GET YOUR KIDS GARDENING**

WORKSHEETS

1. Set a goal.

Gather your family and brainstorm about what you want to grow and do in your yard and garden. You can use the space below to record everyone's ideas.



1. Set a Goal, continued.

Refine your ideas and select the first few you want to do. Write down 1-3 goals for your garden this season. Make S.M.A.R.T. goals—specific, measurable, achievable, realistic, and time-bound—to get even more clarity about what you want to achieve.

Our Garden Goal

You could copy this page, cut out the box, and hang it on your fridge for a gentle reminder.

2. Commit to a regular time for gardening.

Be intentional. How can you make gardening part of your daily or weekly routine?



3. Gather the basic gear for yourself and your kids.

What items do you need to find or purchase? Add notes about sizes and sources below.

- Rubber boots

- Kid-sized shovel, rake, trowel, and other sturdy tools

- Quality tools for adults. What's missing from your toolshed?

- Gloves

- Baskets or tubs of varying sizes

- Other items
